## Where do I come from, where am I going, with whom do I live?

To answer this question it is necessary to be aware of who that "I" is.

Man, being conscious, is able to recognize and experience himself. This little "I", also known as self-awareness, is the identification with the body. The body is the corruptible body. The soul is the living, eternal and therefore divine in man. The real big "Self".

Hidden in our body, it is the living power of God that leads and guides us.

"Seek ye me, and ye shall live" (Amos 5:4).

The spiritual man wants a personal relationship with this inner power that lives and is active in all things. How much time, experience and knowledge is necessary to feel it and to merge with it?

Searching in the exterior has an end when we realise this true goal in our lives.

How beautiful and powerful, how lively and pleasant it is to be in a deep relationship with God's nature, understanding that we are never alone. God is inside of us and we are with him. How useful and beneficial to all people, and indeed for the whole of creation, it will be when man, being a tool and servant of God, will recognize and communicate this awareness of the unity in God. Then the "little me" in man will be a "big I" in the kingdom of God. Then we will realize and experience the greatness of our Creator as children of God. We will understand that the living soul came out of the unity of God and will again return to it.

In the love of Christ we can learn the secret of true life and gain the strength and confidence to move onwards to eternity. Life has a purpose, because the heart of all being is God's great love. As we live with God, we will live in the power of that love, in peace and in truth.

Then we will rejoice and be happy forever in the community of all beings

Willibald