## About appreciation

The idea of values in life arise from culture, identity, character and personal attitude of people .

Man wanting material success, will prefer material values and will strive for possession of them. It is the same with mental and spiritual needs.

Thus the fulfillment of wishes and the way that people perceive values lie particularly in the identification with secular or spiritual goals .

A materially minded person will strive to fulfill his desire for happiness by obtaining money and power.

The spiritual man, however, will strive for inner satisfaction in his life. For him, love, compassion, sharing and selfless service are ideals which will make him feel united with God.

The Bible says: "At last, be ye all likeminded, compassionate, fraternal, charitable, humble." (1 Peter 3:8)

How a man is oriented will shape and influence his ideas about values. As we are ready to love ourselves and others by good thinking, speaking and acting, the result will be an appreciation that comes from the heart, expressed in the love of self and others.

The true value of a man is his soul. It is eternal and permanent. The awareness that God resides in every heart and that every person has been created in God's image and is equally valuable, will make us happy and loving. Everyone is our neighbor, as a sister and a brother, regardless of color and religion. Living in the consciousness of love, expressed by appreciation of people, will lead us into unity with God.

Jesus says:

"As my Father loves me, so have I loved you. Remain in my love !"(John15:9)

Love is the foundation of peaceful and nonviolent togetherness. In it, we will realize true value in our life, unity with God and all creatures.

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