## 79. A God pleasing life

Fear of pain, suffering and death characterize human life since time immemorial.

Therefore, strategies and measures are designed to protect body, mind and soul by individuals or groups. Yet human life is limited and finite.

From whence will come strength and confidence to live a life of joy and satisfaction? What or who will give meaning to life and to overcome fear and death? These are questions that stimulate and move the human mind.

Jesus Christ gives an answer:

He says:

"My food is to do the will of him who sent me and to finish his work." (Jn 4:34)

Man is part of nature and part of creation. He is created in God's image to be part of one Body. In every human being, even in every living being the divine power of life and love is present.

Jesus is this love. His power of love unites all of creation.

God speaks to Him:

"You are my beloved Son, in whom I am well pleased." (Mk 1:11)

A benevolent man will be aware of communion in the love of Christ. In and by this love, man will experience joy and satisfaction and thus be fulfilling the will of the Father, who is the Creator of all being.

Jesus recommends to us:

"Thou shalt love the Lord thy God with all thy heart and with all your soul and with all your mind."

This is the first and greatest commandment. And the second is like it: " "Thou shalt love thy neighbor as thyself" (Mt 22, 36)

A loving person does the will of God and is therefore pleasing to Him.

Fear and injuries are important experiences in our lives in order to develop trust and confidence and to experience the reality of truth. This reality is present and expressed in love. This alone can ensure us safety and protection. This alone can lead us to a state of eternity. Jesus Christ, who rose from the dead is that love personified.

In Hebrews we read:

"But without faith it is impossible to please Him; for he who comes to God must believe that He is, and to those who seek him, he is a rewarder." (Hebrews 11:6)

As we believe in the One, who is in all things, we will be enabled to live life joyfully, satisfied and confident, a life pleasing to God. Then we will find the love of Christ, which will give meaning to our lives to experience communion with Him forever.

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