## **About Boundaries**

Each of us knows inner and outer boundaries. They are secured, opened, closed, passed and transgressed.

Borders are created by differentiation! It is the little "me" that limits itself. God's love, on the other hand, needs no limits.

And yet we are challenged in daily life to distinguish what benefits us and what harms us. Depending on the situation, we open or close our borders to implement our goals.

The worldly man decides according to his free will, while the spiritual man decides after love, according to God's will.

Jesus recommends that we heed the will of our Heavenly Father and give ourselves to Him wholeheartedly. This is what the Bible says:

"Therefore you should pray like this: "Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil" (Matthew 6: 9-13)

Which man voluntarily renounces his will? The childlike mind still lives in complete trust in its caring and loving parents. The adult, conscious man trusts in divine care and guidance. Trust and focussing on this love is the key to eternity. Man, because of his distinctive power, can distinguish good from evil by following rules with understanding. For this it is necessary to align our life with love and God's commandments.

Good thinking, speaking and acting, character training and good company are the basis for uniting us with God. The rejection of evil, which is the cause of separation from God, is necessary to walk the way of love.

If we are willing to listen to God's commandments and accept them as support, then God's grace will lead us into unity with Him.

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